

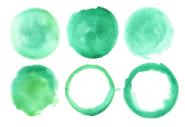
Healing Circle Session 1 Agenda

College of Health & Social Sciences R.A.C.E. Initiative



Healing Circle: Session One

- <u>Welcome</u> (*refer to slides 9 & 10)
- Read Poem: When Someone Listens to You Deeply (refer to slide 2)
- What is a Healing Circle?
 - Discuss what is a <u>Healing Circle</u> (refer to slides 3 & 4)
 - Discuss the <u>Healing Circle process</u> (refer to slide 8)
 - Discuss <u>Entering the Circle</u> (refer to slides 10 & 11)
 - Discuss the <u>Heart-Sharing Process</u> (refer to slides 14 & 15)
 - Discuss the <u>Harvesting Process</u> (refer to slides 16-18)
 - Discuss the <u>Closing the Circle Process</u> (refer to slide 19)
- Develop a <u>Circle Agreement</u> with Circle Members (refer to slide 12)



*Healing Circle Toolkit Slides

Healing Circle: Session One cont.

- Discuss <u>Circle Roles</u> (refer to slides 5-7)
 - Circle Members
 - Guardian
 - Host
 - Ask for volunteers for role of Guardian and/or Host
 - If you choose to remain as the host, ask for a Guardian volunteer
 - Option: You (host) and the Guardian may trade roles every other meeting
- Ask Circle Members to <u>Introduce Themselves</u> (refer to slide 13)
- <u>Close the Circle</u> (refer to slide 19)

