## **GENIE'S WISH ACTIVITY**

## A. Goals

- Reflect upon your hopes for your Healing Circle
- Reflect upon your concerns about a Healing Circle
- Begin a dialogue about hopes and concerns with your fellow Healing Circle members
- Imagine how you could contribute to meeting the hopes of others and to allaying the concerns that others might have

#### C. Materials

- In Person-
  - Sheets of Paper
  - o Pen
- Via Zoom
  - Create an anonymous, shareable Google Slide or Google Doc where individuals have "editor" access via the shared link. (Support on how to create and share a Google slide or doc for anonymous editing is <u>HERE</u>.)
  - Save the shared link to your Google slide or doc and paste in the Zoom Chat.
- B. Genie's Wish: Individual Tasks
  - 1. Think about your Healing Circle
    - a. What comes to mind?
    - b. What topics/issues come to mind?
    - c. What feelings do you associate with this?
  - 2. Now reflect upon your reactions and consider
    - a. One thing/need/wish that you would love to get out of this Circle
    - b. Think about your experiences around race and racism
    - c. Think about the people in this room
    - d. Your wish may be
      - i. A piece of knowledge you didn't have
      - ii. A skill
      - iii. A new awareness
      - iv. A group experience
  - 3. Write down your wish
    - 1. Your wish in as much detail as possible
    - 2. Why this is important to you
      - In Person-
        - On the top half (or one side) of a piece of paper, write down
        - Fold the piece of paper
        - Put into a pile & redistribute
      - Via Zoom

- Have each person in the group write their wishes and why their wishes are important to them in a text box or circle on the Google slide or doc.
  Consider using a different font color for each individual wish to differentiate individual wishes.
- B. Genie's Wish: Implementation
  - 1. Collect (observe-via Zoom) the wishes
    - a. Make sure nobody gets their own
    - b. Wishes cannot be changed
    - c. People must work independently w/o clarification
    - d. Don't have to agree or disagree with the wish
      - In Person-
        - Each individual collects a folded piece of paper
      - Via Zoom
        - Each individual chooses a text box or circle
  - 2. Read the wish written by someone else
  - 3. Think about how the wish could be implemented and
  - 4. Answer this question to ourselves:

What conditions need to be in place for that to succeed?

- 5. Consider the following factors:
  - a. Interactions among Circle members
  - b. Format of the circle
  - c. Norms of the Circle
  - d. Roles of the Circle members
- 6. Write down the conditions needed for that person's wish to come true **AND** how you will commit to making the wish come true.
  - In Person-
    - On the bottom half (or other side) of the piece of paper
    - Place the paper back into the pile and redistribute
  - Via Zoom
    - Write next to the circle or text box so that your response to their wish is easily identified. If font colors were used, write in the same font color as the wish.
- C. Presenter's Work
  - 1. Read the conditions of another
    - In Person-
      - Each individual gets a paper they've never worked on
    - Via Zoom
      - Each individual chooses a conditions circle that they did not work on

- 2. Read the paper/writing out loud to your group
  - a. Read the hope on one part
  - b. Read about the conditions needed
- 3. What similarities did you find in the wishes?
- 4. What other conditions need to be in place for this to succeed?
- 5. Present some common themes in the wishes?
- 6. Present some common conditions needed in this Circle.

# D. Process Questions

- 1. What was your reaction to creating a wish?
- 2. What reactions did you have to thinking about how it could be implemented?

## **E. KEY POINTS**

- 1. People have reactions to this topic that we must try to respect
- 2. People's reactions to this topic will influence their experience in this Circle
  - a. Part of the point of this exercise is to begin to introduce you to being conscious of these reactions
- 3. The point of reading someone else's wish is to begin to introduce you to seeing things from someone else's perspective
  - a. And withholding judgement
- 4. The point of thinking about how to implement the wish:
  - a. To begin to develop a set of group norms for how this Circle will interact
  - b. To begin to reflect on how you can contribute to the experiences of others in your Circle