

# College of **HEALTH & SOCIAL SCIENCES**

## Student Resource Center

At the College of Health & Social Sciences' Student Resource Center, we can provide you with the support you need to navigate University policies and regulations, direct you towards appropriate support services and offer a compassionate ear in a time of frustration or stress as you deal with the pressures of work, school and family responsibilities. Drop by to make an appointment to see one of our advisors.

### Services Offered

- Academic Planning (GE/DPR/Major)
- Transition Support for First Time Freshman and Transfers
- Impacted Major Consultation
- Academic Probation Support
- General Life/Support Counseling
- Career Prep and Planning
- Graduation Check (GE and Graduation Requirements)
- Resume and Cover Letter Help

### CHSS Student Resource Center

HSS 254  
srcenter@sfsu.edu  
(415) 405-3740  
[chss.sfsu.edu/src](http://chss.sfsu.edu/src)



## FAMILY & CONSUMER SCIENCES

FALL 2017

The Family Interiors Nutrition & Apparel Department (FINA) offers a B.A. in Family & Consumer Sciences, which enables students to specialize in one of two emphases (Child and Family Sciences, Nutrition/Foodservice Systems Management). The common core of classes enables students to acquire an understanding of family relations/child growth and development, management dynamics, foods and nutrition, apparel design and merchandising, and interior design/housing as solutions to the physical, social and psychological needs of individuals and families. Students pursuing this major, depending upon their areas of specialization, may complete field experiences in business, education, industry, government or private agencies.

### ABOUT THE MAJOR

The Family and Consumer Sciences program is devoted to students acquiring an understanding of family transitions, diversity and resource management; sensitivities to the needs and value systems of individuals, families and groups which vary by age, socioeconomic status and ethnic identity; and the role expectations of professional family life and community educators. Students pursuing this major, depending upon their areas of specialization, may complete field experiences in business, education, government or private social service agencies. These field experiences serve as integrating experiences for students prior to their entry into professional roles. Once accepted in the major, students are required to meet with their major advisor at least once a semester.

### EMPHASIS AREAS

#### Child and Family Studies

The Child and Family studies emphasis allows students to gain an appreciation for and understanding of family dynamics & child growth and development related to their physical, social and psychological needs.

#### Nutrition/Foodservice System Management

The Nutrition/Foodservice System Management emphasis allows students gain an understanding of food and nutrition as is relates to the physical, social and psychological needs of children and families.



**SAN FRANCISCO**  
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## Suggested First-Year Course Sequence

### FALL 2017\*\*

AREA A1 or A3: ORAL COMMUNICATION or CRITICAL THINKING  
AREA A2 WRITTEN ENGLISH COMMUNICATION OR ENGLISH 104  
QUANTITATIVE REASONING  
AREA C1 or C3  
AREA D1, D2, or D3

### SPRING 2018

AREA A1 or A3: ORAL COMMUNICATION or CRITICAL THINKING  
AREA A2 WRITTEN ENGLISH COMMUNICATION OR ENGLISH 104  
AREA B1/B2 & B3(Nutrition Emphasis: Take Chem 101/102)  
AREA C1 or C2  
AREA D1, D2, or D3

## CHANGE OF MAJOR PROCESS

1. Fill out the Change of Major Form
2. Print and submit form along with proof of completion of pre-requisites to the Department Chair for signature
3. Submit Signed form to registrar's in the Student Services Building
4. Meet with an advisor in your emphasis to prepare a graduation plan.

### Change of Major Dates:

**January 1–March 1**

**August 1–October 1**

\*\*All students who have been accepted to a change of major of FCS may start major-only classes the semester following approval of the change of major.

## PREREQUISITES

### Nutrition/Foodservice Systems Management:

Before being accepted into the major, students must have:

- Minimum 2.0 GPA
- Minimum grade of C in Chem 101/102

### Child and Family Studies:

Before being accepted into the major, students must have:

- Minimum 2.0 GPA
- Completion of all lower division GE Requirements (AREA A - AREA E)

\* AP and IB exam scores as well as courses taken at a community college can also impact the suggested course sequencing. If you are not sure how this will affect your scheduling, please contact an SRC advisor.

\*\* Bachelor of Arts students must complete at least 12 units of complementary studies outside of the primary prefix for major. (Note: Students may not use an alternate prefix that is cross-listed with the primary prefix for the major.)

## ADDING, DROPPING AND WITHDRAWING FROM CLASSES AFTER START OF SEMESTER

Please be aware of all deadlines. You may add courses via your Gateway until before the first day of instruction, provided there is space available. Once classes start, you will need permission numbers from your instructor to add classes via Gateway.

Dropping courses via your Gateway without it noted on your official records must occur within the first three weeks of each semester. After this three-week period, you are no longer allowed to drop courses via your Gateway. You must have a serious and compelling reason to withdraw from a course and submit a petition with objective supporting documentation. If approved, a "W" will appear on your transcript. All withdrawal petitions that lack serious and compelling reasons and/or viable supporting documentation will be denied within the College of Health & Social Sciences. Be conscientious about withdrawing from classes, as you are allowed a maximum of 18 units for withdrawal, and "W"s on your transcript can reflect poorly. Also, keep in mind that you are only allowed to repeat a course once for a maximum of two times.

**Lastly, it is ALWAYS students' responsibility to ensure that they are in the appropriate classes — always check your schedule!**

## RESOURCES:

### SF STATE FAMILY & CONSUMER SCIENCES

BH 329 | [fina@sfsu.edu](mailto:fina@sfsu.edu) | (415) 338-1219  
[fina.sfsu.edu](http://fina.sfsu.edu)

### CHSS STUDENT RESOURCE CENTER

HSS 254 | [srcenter@sfsu.edu](mailto:srcenter@sfsu.edu) | (415) 405-3740  
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### ASSIST

[www.assist.org](http://www.assist.org)