



College of **HEALTH & SOCIAL SCIENCES**

Student Resource Center

At the College of Health & Social Sciences' Student Resource Center, we can provide you with the support you need to navigate University policies and regulations, direct you towards appropriate support services and offer a compassionate ear in a time of frustration or stress as you deal with the pressures of work, school and family responsibilities. Drop by to make an appointment to see one of our advisors.

Services Offered

- Academic Planning (GE/DPR/Major)
- Transition Support for Transfers
- Impacted Major Consultation
- Academic Probation Support
- General Life/Support Counseling
- Career Prep and Planning
- Graduation Check (GE and Graduation Requirements)
- Resume and Cover Letter Help

CHSS Student Resource Center

HSS 254
srcenter@sfsu.edu
(415) 405-3740
chss.sfsu.edu/src



PRE-HEALTH EDUCATION

FALL 2021

The mission of the Department of Public Health (formerly Health Education) at San Francisco State University is to promote health and health equity at the individual, community, and structural levels through transformative education, research, scholarship and service, all of which value diversity, engage communities and are grounded in cultural humility. The department offers a Bachelor of Science in Health Education

ABOUT THE MAJOR

The Bachelor of Science in Health Education program is designed to facilitate voluntary changes in individual health behaviors as well as to advocate for social and economic policies which lead to health promotion and disease prevention for all. This program prepares individuals to work as public health professionals at individual, community and structural levels for health equity and social justice. The program provides a participatory learning environment that integrates theory, research and practice, honors diversity through a cultural humility lens, and fosters collaboration, critical thinking and communication skills.

Emphasis Areas

Community-based Public Health (3 courses/9 units)

An approach that unites the community by organizing, empowering and participating in shared-leadership partnerships for health. This emphasis gives students the freedom to choose electives from their particular health-related area of interest. Students design programs rooted in the values, experiences, knowledge and interests of the community itself.

Holistic Health Studies (4 courses/12 units)

Explores diverse cultural, historical and interdisciplinary concepts and practices from around the world, providing students with a deeper understanding of health, healing and optimal well-being. A holistic perspective informs course content, recognizing the fundamental interdependence of life on this planet.



Suggested First-Year Course Sequence

FALL 2021

Area A1 Oral Communication or
Area A3 HSS 110 (recommended)
Area A2 Written English Requirement (ENG 114 or ENG 104)
Area B4 Math 124 or ISED 160 and support class (if needed)
Area C1 or C2 Arts or Humanities
Area D1 Social Sciences

SPRING 2022

Area A1 Oral Communication or
Area A3 HSS 110 (recommended)
Area A2 Written English Requirement (if took ENG 104 in Fall 2019) or
Area E HSS 210 (preferred) (if ENG 114 completed in Fall 2019)
Area B2 BIO 100 & B3 BIO 101
Area B1 Physical Science

AP and IB exam scores as well as courses taken at community college may impact the suggested course sequencing. If you are not sure how this will affect you, please contact an SRC advisor.

Must have foundation courses completed by the time you begin the HED program.

Upper division GE Area C (UD-C) and all SF State Studies requirements (AERM, GP, ES, SJ) can be fulfilled with PH 455 (will take when 60 units earned).

CHANGE OF MAJOR PROCESS

The B.S. in HED - Health Education invites current students to submit a change of major request online by completing the following steps:

1. Go to SF State's home page at sfsu.edu and select the Login link to log into SF State Gateway/MySFSU.
2. Log in with your SF State ID or email and SF State password.
3. Your SF State Gateway home page displays. Click the Schedule / Classes link under the Student section and click to Student Center.
4. The SF State Student Center displays. Under the other academics pull down section, select Change Major from the drop-down menu. Click the Go button.
5. The Change of Major/Minor page appears.
6. To proceed, click the Next button at page bottom.
7. A new page displays your current major and click on the change of major button.
-Requested College - Click 38 CHSS.
-Requested Major - Click Health Education.
8. Click Submit Button.

You should receive a welcome email from the Department with information on the best next steps.

HEALTH EDUCATION FOUNDATION COURSES

BIOL 100 HUMAN BIOLOGY
BIOL 101 HUMAN BIOLOGY LABORATORY
BIOL 210 GENERAL MICROBIOLOGY AND PUBLIC HEALTH
BIOL 211 GENERAL MICROBIOLOGY AND PUBLIC HEALTH LABORATORY 1
MATH 124 ELEMENTARY STATISTICS (ANOTHER COURSE MAY BE SUBSTITUTED ON AD-
VICE) OR ISED 160 (DATA ANALYSIS IN EDUCATION)

General Education Areas Potentially Met by Courses in this Major

Successfully completing and the Health Education curriculum would also mean that you have met the requirements for AREA B1, B3, and B4 as well as possibly D1 in your lower General Education requirements.

ADDING, DROPPING AND WITHDRAWING FROM CLASSES AFTER START OF SEMESTER

Please be aware of all deadlines. You may add courses via your Gateway before the first day of instruction, provided there is space available. Once classes start, you will need a permission number from your instructor to add a course via Gateway.

Dropping courses via your Gateway without it being noted on your academic record must occur within the first three weeks of each semester. After this three-week period, you are no longer allowed to drop courses via your Gateway. At this point, you must have a serious and compelling reason to withdraw from a course and submit a petition that includes supporting documentation and an unofficial transcript. If approved, a "W" will appear on your academic record. Withdrawals that lack serious and compelling reasons and/or viable supporting documentation may be denied within the College of Health & Social Sciences. Be conscientious about withdrawing from classes, as you are only allowed a maximum of 18 units for withdrawal. Please also keep in mind that you are only allowed to repeat a course once after receiving a failing grade.

Lastly, it is ALWAYS students' responsibility to ensure that they are in the appropriate classes — always check your schedule!

RESOURCES:

DEPARTMENT OF PUBLIC HEALTH

HSS 326 | hed@sfsu.edu | (415) 338-1413

publichealth.sfsu.edu

Book advising appointment:
hedadvising.as.me

CHSS STUDENT RESOURCE CENTER

HSS 254 | srcenter@sfsu.edu | (415) 405-3740

chss.sfsu.edu/src

ASSIST

www.assist.org