



SAN FRANCISCO  
STATE UNIVERSITY

## College of **HEALTH & SOCIAL SCIENCES**

### Student Resource Center

At the College of Health & Social Sciences' Student Resource Center, we can provide you with the support you need to navigate University policies and regulations, direct you towards appropriate support services and offer a compassionate ear in a time of frustration or stress as you deal with the pressures of work, school and family responsibilities. Drop by to make an appointment to see one of our advisors.

#### Services Offered

- Academic Planning (GE/DPR/Major)
- Transition Support for First-time Freshman and Transfers
- Impacted Major Consultation
- Academic Probation Support
- General Life/Support Counseling
- Career Prep and Planning
- Graduation Check (GE and Graduation Requirements)
- Resume and Cover Letter Help

#### CHSS Student Resource Center

HSS 254

[srcenter@sfsu.edu](mailto:srcenter@sfsu.edu)

(415) 405-3740

[chss.sfsu.edu/src](http://chss.sfsu.edu/src)

## FAMILY & CONSUMER SCIENCES

FALL 2020

The Family Interiors Nutrition & Apparel (FINA) Department offers a B.A. in Family and Consumer Sciences, which enable students to to acquire an understanding of family relations, child growth and development and management dynamics, as a solution to the physical, social and psychological needs of individuals and families.

#### ABOUT THE MAJOR

The Family and Consumer Sciences major is devoted to students acquiring in understanding of family transitions, diversity, and resource management, as well as family dynamics, child growth and development. Sensitivity to the needs and values systems of individuals, families and groups, which vary by age, socioeconomic status and ethnic identity are addressed in the courses in this major.

Additionally, the role expectations of professional family life and community educators are explored. Students pursuing this major must complete a field experience in their senior year, in education, social services, community organizations, businesses, government or private agencies. These field experiences serve as integrating experiences for students prior to their entry into professional roles.



## Suggested First-Year Course Sequence

### FALL 2020

Area A1 Oral Communication or Area A3 HSS 110 (recommended)

Area A2 Written English Requirement (ENG 114 or ENG 104)

Area C1 or C2 Arts or Humanities

Area B4 Quantitative Reasoning & B4 support class (if needed)

Area D1 or D2 or D3 Social Sciences or US History or US/CA Government

### SPRING 2021

Area A1 or A3 Oral Communication or Critical Thinking (if needed)

Area A2 Written English Requirement (if took ENG 104 in Fall 2019) or Area E HSS 210 (preferred) (if ENG 114 completed in Fall 2019)

Area B1 Physical Science and B3 Laboratory Science

2 Complementary Studies or SF State Studies or University Electives or Minors

## CHANGE OF MAJOR PROCESS

The B.A. in Family & Consumer Science invites current students to submit a change of major request online by completing the following steps:

1. Go to SF State's home page at sfsu.edu and select the Login link to log into SF State Gateway/MySFSU.
2. Log in with your SF State ID or email and SF State password.
3. Your SF State Gateway home page displays. Click the Schedule/Classes link under the Student section and click to Student Center.
4. The SF State Student Center displays. Under the other academics pull down section, select Change Major from the drop-down menu. Click the Go button.
5. The Change of Major/Minor page appears.
6. To proceed, click the Next button at page bottom.
7. A new page displays your current major and click on the change of major button.
8. Requested College - Click 38 CHSS.
9. Requested Major - Click Family & Consumer Science - B.A.
10. Click Submit Button.

You will receive a welcome email from our Department with an email address of your new major advisor. Please send an email to set up a time to develop your academic advising plan.

After this meeting, you will be added to the FCS major.

A confirmation of your request will be sent to your SF State email account.

Elective/complementary studies — please consult with major advisor about appropriate courses.

AP and IB exam scores as well as courses taken at community college may impact the suggested course sequencing. If you are not sure how this will affect you, please contact an SRC advisor.

To avoid taking additional units, it is recommended that you meet SF State Studies requirements (AERM, GP, ES, SJ) within your GE or major.

## ADDING, DROPPING AND WITHDRAWING FROM CLASSES AFTER START OF SEMESTER

Please be aware of all deadlines. You may add courses via your Gateway before the first day of instruction, provided there is space available. Once classes start, you will need a permission number from your instructor to add a course via Gateway.

Dropping courses via your Gateway without it being noted on your academic record must occur within the first three weeks of each semester. After this three-week period, you are no longer allowed to drop courses via your Gateway. At this point, you must have a serious and compelling reason to withdraw from a course and submit a petition that includes supporting documentation and an unofficial transcript. If approved, a "W" will appear on your academic record. Withdrawals that lack serious and compelling reasons and/or viable supporting documentation may be denied within the College of Health & Social Sciences. Be conscientious about withdrawing from classes, as you are only allowed a maximum of 18 units for withdrawal. Please also keep in mind that you are only allowed to repeat a course once after receiving a failing grade.

**Lastly, it is ALWAYS students' responsibility to ensure that they are in the appropriate classes — always check your schedule!**

## RESOURCES:

### FAMILY & CONSUMER SCIENCES PROGRAM

Family Interiors Nutrition & Apparel Department

BH 329 | [fina@sfsu.edu](mailto: fina@sfsu.edu) | (415) 338-1219

[fina.sfsu.edu](http://fina.sfsu.edu)

### CHSS STUDENT RESOURCE CENTER

HSS 254 | [srcenter@sfsu.edu](mailto: srcenter@sfsu.edu) | (415) 405-3740

[chss.sfsu.edu/src](http://chss.sfsu.edu/src)

### ASSIST

[assist.org](http://assist.org)