



College of **HEALTH & SOCIAL SCIENCES**

Student Resource Center

At the College of Health & Social Sciences' Student Resource Center, we can provide you with the support you need to navigate University policies and regulations, direct you towards appropriate support services and offer a compassionate ear in a time of frustration or stress as you deal with the pressures of work, school and family responsibilities. Drop by to make an appointment to see one of our advisors.

Services Offered

- Academic Planning (GE/DPR/Major)
- Transition Support for First-time Freshman and Transfers
- Impacted Major Consultation
- Academic Probation Support
- General Life/Support Counseling
- Career Prep and Planning
- Graduation Check (GE and Graduation Requirements)
- Resume and Cover Letter Help

CHSS Student Resource Center

HSS 254

srcenter@sfsu.edu

(415) 405-3740

chss.sfsu.edu/src



NUTRITION AND DIETETICS

FALL 2020

The Nutrition and Dietetics program in the Family Interiors Nutrition & Apparel (FINA) Department prepares students for careers in clinical dietetics, foodservice systems management, and nutrition education in hospitals, communities, industry or government agencies. Two concentrations are currently offered: Dietetics & Nutrition Science, and Foods & Community Nutrition.

B.S.,DIETETICS & NUTRITION SCIENCE

The Bachelor of Science in Dietetics & Nutrition is an accredited Didactic Program in Dietetics (DPD) and meets the Eligibility Requirements and Accreditation Standards of the Accreditation Council for Education in Nutritional Education of the Academy of Nutrition and Dietetics.

B.S.,FOODS & COMMUNITY NUTRITION

The Foods and Community Nutrition concentration, within the B.S. in Nutrition and Dietetics supports a wider student body interested in studying within a nutrition-related major but not desiring to become a registered dietitian nutritionist (RDN). Current students in the CFS Nutrition emphasis may complete a change of major form to this concentration.

REGISTERED DIETITIAN NUTRITIONIST

To become a Registered Dietitian Nutritionist (RDN) one must: 1) complete the B.S. in Dietetics, 2) complete a Dietetic Internship, 3) pass the RD exam. To become a Dietetic Technician, Registered Nutritionist (DTRN) one must: 1) complete the B.S. in Dietetics, 2) complete the DTRN eligibility application, 3) pass the D.T.R.N. exam.



SUGGESTED FIRST- AND SECOND-YEAR COURSE SEQUENCE

B.S., Dietetics & Nutrition Science

FALL 2020

Area A1 Oral Communication or Area A3 HSS 110 (recommended)
Area A2 Written English Requirement (ENG 114 or ENG 104)
Area B4 Math 124 and Math 123 (if needed)
Area C1 or C2 Arts or Humanities
SF State Studies or University Elective

SPRING 2021

Area A1 Oral Communication or Area A3 HSS 110 (recommended)
Area A2 Written English Requirement (if took ENG 104 in Fall 2019) or Area E HSS 210 (preferred) (if ENG 114 completed in Fall 2019)
Area D1 PSY 200
BIO 210+211
CHEM 115

AP and IB exam scores as well as courses taken at community college may impact the suggested course sequencing. If you are not sure how this will affect you, please contact an SRC advisor.

Area B2 (Life Science) is "met in major" upon completion of BIOL 210 and BIOL 220.

Area B3 (Laboratory Science) is "met in major" upon completion of CHEM 115 and BIOL 211.

Upper division GE B (UD-B) can be fulfilled with NUTR 357 (will take when 60 units earned).

To avoid taking additional units, it is recommended that you meet SF State Studies requirements (AERM, GP, ES, SJ) within your GE or major.

ADDING, DROPPING AND WITHDRAWING FROM CLASSES AFTER START OF SEMESTER

Please be aware of all deadlines. You may add courses via your Gateway before the first day of instruction, provided there is space available. Once classes start, you will need a permission number from your instructor to add a course via Gateway.

Dropping courses via your Gateway without it being noted on your academic record must occur within the first three weeks of each semester. After this three-week period, you are no longer allowed to drop courses via your Gateway. At this point, you must have a serious and compelling reason to withdraw from a course and submit a petition that includes supporting documentation and an unofficial transcript. If approved, a "W" will appear on your academic record. Withdrawals that lack serious and compelling reasons and/or viable supporting documentation may be denied within the College of Health & Social Sciences. Be conscientious about withdrawing from classes, as you are only allowed a maximum of 18 units for withdrawal. Please also keep in mind that you are only allowed to repeat a course once after receiving a failing grade.

Lastly, it is ALWAYS students' responsibility to ensure that they are in the appropriate classes — always check your schedule!

B.S., Foods & Community Nutrition

FALL 2020

Area A1 Oral Communication or Area A3 HSS 110 (recommended)
Area A2 Written English Requirement (ENG 114 or ENG 104)
Area B4 Math 124 and Math 123 (if needed)
Area C1 or C2 Arts or Humanities
SF State Studies or University Elective

SPRING 2021

Area A2 Written English Requirement (if took ENG 104 in Fall 2019) or Area E HSS 210 (preferred) (if ENG 114 completed in Fall 2019)
Area A1 or A3 Oral Communication or Critical Thinking (if needed)
Area D1 PSY 200
CHEM 115

AP and IB exam scores as well as courses taken at community college may impact the suggested course sequencing. If you are not sure how this will affect you, please contact an SRC advisor.

Upper division GE Area B (UD-B) can be fulfilled with NUTR 357 (will take when 60 units earned).

To avoid taking additional units, it is recommended that you meet SF State Studies requirements (AERM, GP, ES, SJ) within your GE or major.

CHANGE OF MAJOR PROCESS

The B.S. in DFM - Dietetics & Nutrition Science or DFM-Foods & Community Nutrition invites current students to submit a change of major request online by completing the following steps:

1. Go to SF State's home page at sfsu.edu and select the Login link to log into SF State Gateway/MySFSU.
2. Log in with your SF State ID or email and SF State password.
3. Your SF State Gateway home page displays. Click the Schedule / Classes link under the Student section and click to Student Center.
4. The SF State Student Center displays. Under the other academics pull down section, select Change Major from the drop-down menu. Click the Go button.
5. The Change of Major/Minor page appears.
6. To proceed, click the Next button at page bottom.
7. A new page displays your current major and click on the change of major button.
-Requested College - Click 38 CHSS.
-Requested Major - Click either Dietetics: Diet & NutrSci - B.S. or Dietetics: Food & ComNutr - B.S.
8. Click Submit Button.

You will receive a welcome email from our Department with an email address of your new major advisor. Please send an email to set up a time to develop your academic advising plan.

After this meeting, you will be added to the NUTR major. A confirmation of your request will be sent to your SF State email account.

RESOURCES:

NUTRITION & DIETETICS PROGRAM

Family Interiors Nutrition & Apparel Department
BH 329 | fina@sfsu.edu | (415) 338-1219
fina.sfsu.edu

CHSS STUDENT RESOURCE CENTER

HSS 254 | srcenter@sfsu.edu | (415) 405-3740
chss.sfsu.edu/src

ASSIST

assist.org