The Nutrition and Dietetics program in the Family Interiors Nutrition & Apparel (FINA) Department prepares students for careers in clinical dietetics, foodservice systems management, and nutrition education in hospitals, communities, industry or government agencies. Two concentrations are currently offered: Dietetics & Nutrition Science, and Foods & Community Nutrition.

**IMPACTION**

Within the Nutrition & Dietetics program area, the dietetics and nutrition concentration is currently impacted, which means there are more applicants than capacity. Students interested in this major may begin the change of major process in Spring 2019.

However, students interested in the foods and community nutrition concentration can begin the change of major process in Fall 2018.

**DIETETICS & NUTRITION SCIENCE**

The Bachelor of Science in Dietetics & Nutrition is an accredited Didactic Program in Dietetics (DPD) and meets the Eligibility Requirements and Accreditation Standards of the Accreditation Council for Education in Nutritional Education of the Academy of Nutrition and Dietetics.

**FOODS & COMMUNITY NUTRITION**

The Foods and Community Nutrition concentration, within the B.S. in Nutrition and Dietetics supports a wider student body interested in studying within a nutrition-related major but not desiring to become a registered dietitian nutritionist (RDN). Current students in the CFS Nutrition emphasis may complete a change of major form to this concentration.

**REGISTERED DIETITIAN NUTRITIONIST**

To become a Registered Dietitian Nutritionist (RDN) one must: 1) complete the B.S. in Dietetics, 2) complete a Dietetic Internship, 3) pass the RD exam. To become a Dietetic Technician, Registered Nutritionist (DTRN) one must: 1) complete the B.S. in Dietetics, 2) complete the DTRN eligibility application, 3) pass the D.T.R.N. exam.
**SUIGGESTED FIRST-YEAR COURSE SEQUENCE**

**FALL 2018**
Area B4 Quantitative Reasoning  
Area A2 Written Communication  
Area A3 Critical Thinking  
Area C1 or C3 Arts or Literature  
BIOL 210/211

**SPRING 2019**
Area B4 Quantitative Reasoning (If Needed)  
Area A4 Written Communication II  
Area A1 Oral Communication  
Area D1 Psychology 200  
CHEM 115 – Must take assessment test  
Area C1 or C3 Arts or Literature

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**CHANGE OF MAJOR PROCESS**

*PLEASE NOTE YOU WILL NOT BE ABLE TO BEGIN THIS PROCESS UNITL SPRING 2019 IF YOU ARE INTERESTED IN THE DIETETICS & NUTRITION SCIENCE CONCENTRATION*

1. Fill out the Change of Major Form  
2. Print and submit form to the Department Chair for signature  
3. Submit Signed form to Student Services  
4. Meet with an advisor in your major to prepare a graduation plan.

**Change of Major Dates:**  
January 1-March 1  
August 1-October 1

All students who have been accepted to a change of major of Nutrition and Dietetics may start major-only classes the semester following approval of the change of major.

Once students have been approved for the change of major, they are required to meet with their major advisor at least once a semester.

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* AP and IB exam scores as well as courses taken a community college can also impact the suggested course sequencing. If you are not sure how this will affect your scheduling, please contact an SRC advisor.

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Advising through the Student Resource Center or Undergraduate Advising Center is highly recommended to students for General Education purposes.

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**ADDING, DROPPING AND WITHDRAWING FROM CLASSES AFTER START OF SEMESTER**

Please be aware of all deadlines. You may add courses via your Gateway until before the first day of instruction, provided there is space available. Once classes start, you will need permission numbers from your instructor to add classes via Gateway.

Dropping courses via your Gateway without it noted on your official records must occur within the first three weeks of each semester. After this three-week period, you are no longer allowed to drop courses via your Gateway. You must have a serious and compelling reason to withdraw from a course and submit a petition with objective supporting documentation. If approved, a "W" will appear on your transcript. All withdrawal petitions that lack serious and compelling reasons and/or viable supporting documentation will be denied within the College of Health & Social Sciences. Be conscientious about withdrawing from classes, as you are allowed a maximum of 18 units for withdrawal, and "W"s on your transcript can reflect poorly. Also, keep in mind that you are only allowed to repeat a course once for a maximum of two times.

Lastly, it is **ALWAYS** students' responsibility to ensure that they are in the appropriate classes — always check your schedule!

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**RESOURCES:**

**NUTRITION & DIETETICS PROGRAM**
Family Interiors Nutrition & Apparel Department  
BH 329 | fina@sfsu.edu | (415) 338-1219  
fina.sfsu.edu

**CHSS STUDENT RESOURCE CENTER**
HSS 254 | srcenter@sfsu.edu | (415) 405-3740  
chss.sfsu.edu/src

**ASSIST**
www.assist.org