At the College of Health & Social Sciences’ Student Resource Center, we can provide you with the support you need to navigate University policies and regulations, direct you towards appropriate support services and offer a compassionate ear in a time of frustration or stress as you deal with the pressures of work, school and family responsibilities. Drop by to make an appointment to see one of our advisors.

**Services Offered**

- **Academic Planning** (GE/DPR/Major)
- **Transition Support for First Time Freshman and Transfers**
- **Impacted Major Consultation**
- **Academic Probation Support**
- **General Life/Support Counseling**
- **Career Prep and Planning**
- **Graduation Check (GE and Graduation Requirements)**
- **Resume and Cover Letter Help**

**CHSS Student Resource Center**

HSS 254
srcenter@sfsu.edu
(415) 405-3740
chss.sfsu.edu/src

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**PRE-HEALTH EDUCATION**

The Pre-Health Education designation allows you to continue to explore various majors by selecting multidisciplinary General Education classes with a focus on coursework/prerequisites that can prepare you to apply for admissions into the Bachelor of Science in Health Education Program, should you determine that this major is most appropriate for your skills, interests and career goals.

**IMPACTION**

The SF State Health Education major is an impacted program, meaning there are more students wanting the major than capacity. Thus, freshmen and sophomores interested in the Health Education program should consider declaring Pre-Health Ed. However, this does not mean that your major is now Health Education, nor does this designation guarantee or increase your chances of acceptance into the major. It may make you eligible to receive news and updates from the department and college regarding the program.

**ABOUT THE MAJOR**

The Health Education program is designed to facilitate voluntary changes in individual health behaviors as well as to advocate for social and economic policies which lead to health promotion and disease prevention for all. This program prepares individuals to plan, implement and evaluate programs for health and human services, such as public health departments, voluntary health agencies, community-based organizations, community clinics and hospitals.

**Emphasis Areas**

**Community-based Public Health**

An approach that unites the community by organizing, empowering and participating in shared-leadership partnerships for health. This emphasis gives students the freedom to choose electives from their particular health-related area of interest. Students design programs rooted in the values, experiences, knowledge and interests of the community itself.

**Holistic Health Studies**

Explores diverse cultural, historical and interdisciplinary concepts and practices from around the world, providing students with a deeper understanding of health, healing and optimal well-being. A holistic perspective informs course content, recognizing the fundamental interdependence of life on this planet. Experiential learning is an essential component of the curriculum.

**School Health**

School health fills the need created by recent increases in demand for credentialed teachers in public schools. The emphasis provides essential coursework that satisfies the newly developed California State Standards in Health Science. Upon graduation, students will be ready to enter the teaching credential program with virtually all course work in the single subject program completed.
All students interested in applying to the Health Education major must attend an information session. An overview of the Health Education major program, requirements and expectations will be presented and an application to apply to the major will be distributed after the information session concludes.

*RSVP is required to orientations, and application to the major will NOT be handed out in advance. Students must RSVP and attend an information session to receive an application. Applications to the major will only be sent to those students who registered and attended an information session. The applications to the major will be emailed after the information sessions.

**Fall 2017 Info Session Dates: TBD. Check department website for updates.

Please note: SF State University policy states that students with 96 or more units cannot apply to an impacted major.