As an SOAR TRIO Lower Division student you are required to attend 5 mandatory workshops (3 SOAR / 2 Non-SOAR) per semester. Please fill out this form and return to SOAR TRIO Front Desk upon completion of your workshop to receive program participation credit.

Name: ____________________________ Date: __________________

Workshop Title: ____________________________________________

Department: __________________ Facilitator Initials (if applicable): __________________

Please list 3 important concepts you learned from this workshop:

1. _________________________________________________________

2. _________________________________________________________

3. _________________________________________________________

Describe the reasons why these concepts are important to you and how you can use them to help you on an academic, vocational, or personal level:

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