The Family Interiors Nutrition & Apparel Department (FINA) offers a B.A. in Family & Consumer Sciences, which enables students to specialize in one of two emphases (Child and Family Sciences, Nutrition/Foodservice Systems Management). The common core of classes enables students to acquire an understanding of family relations/child growth and development, management dynamics, foods and nutrition, apparel design and merchandising, and interior design/housing as solutions to the physical, social and psychological needs of individuals and families. Students pursuing this major, depending upon their areas of specialization, may complete field experiences in business, education, industry, government or private agencies.

ABOUT THE MAJOR

The Family and Consumer Sciences program is devoted to students acquiring an understanding of family transitions, diversity and resource management; sensitivities to the needs and value systems of individuals, families and groups which vary by age, socioeconomic status and ethnic identity; and the role expectations of professional family life and community educators. Students pursuing this major, depending upon their areas of specialization, may complete field experiences in business, education, government or private social service agencies. These field experiences serve as integrating experiences for students prior to their entry into professional roles. Once accepted in the major, students are required to meet with their major advisor at least once a semester.

EMPHASIS AREAS

Child and Family Studies
The Child and Family studies emphasis allows students to gain an appreciation for and understanding of family dynamics & child growth and development related to their physical, social and psychological needs.

Nutrition/Foodservice System Management
The Nutrition/Foodservice System Management emphasis allows students gain an understanding of food and nutrition as it relates to the physical, social and psychological needs of children and families.
### Suggested First-Year Course Sequence

#### FALL 2017**
- **AREA A1 or A3:** ORAL COMMUNICATION or CRITICAL THINKING
- **AREA A2:** WRITTEN ENGLISH COMMUNICATION OR ENGLISH 104
- QUANTITATIVE REASONING
- **AREA C1 or C3**
- **AREA D1, D2, or D3**

#### SPRING 2018
- **AREA A1 or A3:** ORAL COMMUNICATION or CRITICAL THINKING
- **AREA A2:** WRITTEN ENGLISH COMMUNICATION OR ENGLISH 104
- **AREA C1 or C2**
- **AREA D1, D2, or D3**

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### Adding, Dropping and Withdrawing From Classes After Start of Semester

Please be aware of all deadlines. You may add courses via your Gateway until before the first day of instruction, provided there is space available. Once classes start, you will need permission numbers from your instructor to add classes via Gateway.

Dropping courses via your Gateway without it noted on your official records must occur within the first three weeks of each semester. After this three-week period, you are no longer allowed to drop courses via your Gateway. You must have a serious and compelling reason to withdraw from a course and submit a petition with objective supporting documentation. If approved, a “W” will appear on your transcript. All withdrawal petitions that lack serious and compelling reasons and/or viable supporting documentation will be denied within the College of Health & Social Sciences. Be conscientious about withdrawing from classes, as you are allowed a maximum of 18 units for withdrawal, and “W”s on your transcript can reflect poorly. Also, keep in mind that you are only allowed to repeat a course once for a maximum of two times.

**Lastly, it is ALWAYS students’ responsibility to ensure that they are in the appropriate classes — always check your schedule!**

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### Resources

**SF State Family & Consumer Sciences**
BH 329 | fina@sfsu.edu | (415) 338-1219
fina.sfsu.edu

**CHSS Student Resource Center**
HSS 254 | srcenter@sfsu.edu | (415) 405-3740
chss.sfsu.edu/src

**ASSIST**
www.assist.org