

# College of **HEALTH & SOCIAL SCIENCES**

## Student Resource Center

At the College of Health & Social Sciences' Student Resource Center, we can provide you with the support you need to navigate University policies and regulations, direct you towards appropriate support services and offer a compassionate ear in a time of frustration or stress as you deal with the pressures of work, school and family responsibilities. Drop by to make an appointment to see one of our advisors.

### Services Offered

- Academic Planning (GE/DPR/Major)
- Transition Support for First Time Freshman and Transfers
- Impacted Major Consultation
- Academic Probation Support
- General Life/Support Counseling
- Career Prep and Planning
- Graduation Check (GE and Graduation Requirements)
- Resume and Cover Letter Help

### CHSS Student Resource Center

HSS 254  
srcenter@sfsu.edu  
(415) 405-3740  
[chss.sfsu.edu/src](http://chss.sfsu.edu/src)



## FAMILY & CONSUMER SCIENCES

FALL 2018

The Family Interiors Nutrition & Apparel Department (FINA) offers a B.A. in Family & Consumer Sciences, which enables students to specialize in the emphases Child & Family Sciences. The classes enable students to acquire an understanding of family relations/child growth and development/management dynamics, as solutions to the physical, social and psychological needs of individuals and families. Students pursuing this major may complete field experiences in business, education, industry, government or private agencies.

### ABOUT THE MAJOR

The Family & Consumer Sciences program is devoted to students acquiring an understanding of family transitions, diversity and resource management; sensitivities to the needs and value systems of individuals, families and groups which vary by age, socioeconomic status and ethnic identity; and the role expectations of professional family life and community educators. Students pursuing this major may complete field experiences in business, education, government or private social service agencies. These field experiences serve as integrating experiences for students prior to their entry into professional roles. Once accepted in the major, students are required to meet with their major advisor at least once a semester.

### Child and Family Studies

Child & Family Studies allows students to gain an appreciation for and understanding of family dynamics and child growth and development related to their physical, social and psychological needs.

### Nutrition/Foodservice Management

This program is no longer taking new applicants under FCS. The program has shifted to a Foods and Community Nutrition concentration within Nutrition and Dietetics. The B.S. in Foods and Community Nutrition supports a wider student body interested in studying within a nutrition-related major but not desiring to become a registered dietitian nutritionist (RDN). Current students in the FCS Nutrition emphasis may complete a change of major form to this concentration. Please contact the FINA department at [fina@sfsu.edu](mailto:fina@sfsu.edu) with additional questions.



**SAN FRANCISCO  
STATE UNIVERSITY**

## Suggested First-Year Course Sequence

### FALL 2018

Area A1 or A3 Oral Communication or Critical Thinking

Area A2 Written English Communication or English 104

Area B4 Quantitative Reasoning

Area C1 or C3 Arts or Literature

Area D Social Sciences

### SPRING 2019

Area A1 or A3 Oral Communication or Critical Thinking

Area A2 Written English Communication or English 104(if needed)

Area B1 or B2 and B3 Physical or Life Science and Lab

Area C1 or C2 Arts or Humanities

## CHANGE OF MAJOR PROCESS

1. Fill out the Change of Major Form
2. Print and submit form to the Department Chair for signature
3. Submit Signed form to Registrar's Office in the Student Services Building
4. Meet with an advisor in your major to prepare a graduation plan

### Change of Major Dates:

**Fall Term: January 1-March 1**

**Spring Term: August 1-October 1**

All students who have been accepted to a change of major of Family & Consumer Sciences may start major-only classes the semester following approval of the change of major.

Once students have been approved for the change of major, they are required to meet with their major advisor at least once a semester.

AP and IB exam scores as well as courses taken at a community college can also impact the suggested course sequencing. If you are not sure how this will affect your scheduling, please contact an SRC advisor.

Bachelor of Arts students must complete at least 12 units of complementary studies outside of the primary prefix for major. (Note: Students may not use an alternate prefix that is cross-listed with the primary prefix for the major.)

## ADDING, DROPPING AND WITHDRAWING FROM CLASSES AFTER START OF SEMESTER

Please be aware of all deadlines. You may add courses via your Gateway until before the first day of instruction, provided there is space available. Once classes start, you will need permission numbers from your instructor to add classes via Gateway.

Dropping courses via your Gateway without it noted on your official records must occur within the first three weeks of each semester. After this three-week period, you are no longer allowed to drop courses via your Gateway. You must have a serious and compelling reason to withdraw from a course and submit a petition with objective supporting documentation. If approved, a "W" will appear on your transcript. All withdrawal petitions that lack serious and compelling reasons and/or viable supporting documentation will be denied within the College of Health & Social Sciences.

Be conscientious about withdrawing from classes, as you are allowed a maximum of 18 units for withdrawal, and "W"s on your transcript can reflect poorly. Also, keep in mind that you are only allowed to repeat a course once for a maximum of two times.

**Lastly, it is ALWAYS students' responsibility to ensure that they are in the appropriate classes — always check your schedule!**

## RESOURCES:

### FAMILY & CONSUMER SCIENCES PROGRAM

Family Interiors Nutrition & Apparel Department

BH 329 | [fina@sfsu.edu](mailto: fina@sfsu.edu) | (415) 338-1219

[fina.sfsu.edu](http://fina.sfsu.edu)

### CHSS STUDENT RESOURCE CENTER

HSS 254 | [srcenter@sfsu.edu](mailto: srcenter@sfsu.edu) | (415) 405-3740

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### ASSIST

[www.assist.org](http://www.assist.org)